

# LGBTQ TA CENTER

# Equity News

June 2019

The **Equity Newsflash** is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.

## June is Pride Month

**Pride Month is here!**

Below are just a few of the celebratory events scheduled for this summer in California.

<a href="#">Orange County LGBT Pride</a> - June 22	<a href="#">SF Pride</a> - June 29-30
<a href="#">Castro Valley Pride</a> - July 13	<a href="#">San Diego LGBT Pride Festival</a> - July 13
<a href="#">Pacific Pride Festival (Santa Barbara)</a> - August 24	<a href="#">Silicon Valley Pride Parade and Festival</a> - August 24-25
<a href="#">Stockton Pride</a> - August 25	<a href="#">Oakland Pride</a> - September 8

## LGBTQ News and Resources

**Gender Health Center is hiring**

Gender Health Center in Sacramento is seeking a Counseling Program Manager who will be responsible for administrative management and overseeing service delivery of GHC's

in-house mental health counseling program, as well as delivering trainings that cultivate culturally and linguistically relevant mental health access for trans persons in the Sacramento region for health systems and community agencies.

[View the Job Posting](#)

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## Psychoanalysts apologize for harmful labels

In recognition of Pride Month, the American Psychoanalytic Association (APsaA) issued an "overdue apology" on Friday, June 21, for past views that pathologized diverse sexual orientations and gender identities as mental illness. The APsaA stated that these views contributed to discrimination and harmful conversion therapy, and acknowledged that "we all know hearing the words 'we are sorry' is important to healing past trauma."

[Learn More](#)

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## Check out this major new survey on LGBTQ youth mental health

The Trevor Project recently released its *National Survey on LGBTQ Youth Mental Health (2019)* report, the largest survey ever conducted on mental health among American LGBTQ youth. Findings include:

- 39% of all LGBTQ youth, and more than half of transgender and non-binary youth, seriously considered suicide in the past year
- 42% of LGBTQ youth who underwent conversion therapy attempted suicide in the past year, including 57% of transgender and non-binary youth
- LGBTQ youth are disclosing their sexual orientation and gender identity to friends and some to adults. They are finding acceptance from friends, but at lower rates for gender identity than sexual orientation



[Learn More About the Report](#)

Upcoming Events

# Webinar on conducting trauma-informed mental health assessments

## Conducting Mental Health Assessments: A Trauma-Informed, Cultural Humility Framework

June 28 | 11 a.m. - 12 p.m. PT | Central East Mental Health Technology Transfer Center (MHTTC)

[Register](#)

Using a cultural humility framework, this webinar will explore best practices for engaging clients, building rapport, creating a conversational flow, conducting a strengths-based assessment, and glean critical assessment data while meeting the client where they are. *Audience:* Behavioral health professionals, advocates, LGBTQ family members, families.

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# Webinar on supporting gender-diverse clients

## Working with Gender Diverse Clients: Implications to Enhance Services

July 24 (Part 1) and July 31 (Part 2) | 9:00-10:30 a.m. PT | Caribbean and Northeast MHTTC

[Register](#)

Participants will gain an understanding of the research addressing disparities in behavioral health care related to gender disparity, and learn strategies to improve services for gender diverse individuals. *Audience:* behavioral health direct service providers and administrators, peer providers, counselors, program leaders, and others.

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# Two upcoming events for transgender youth, adults,

# and their families

## 2019 Gender Spectrum Conference & Symposium

[Register](#)

Gender Spectrum's 2019 [Professionals' Symposium](#) will be held **July 19** in Moraga, CA. The Professionals' Symposium is designed for individuals who serve transgender, non-binary, and otherwise gender-expansive youth and/or their families. The Symposium is followed by the [Gender Spectrum Conference](#) (July 20-21) for these youth and their families.



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## TRANSLIFE Community Conference

[Save the Date](#)

This conference brings together transgender/gender-nonconforming individuals from the North Bay counties to increase connections, share information, and expand individual self-advocacy and knowledge. The next event will be held on October 19. *Note:* This event is intended for transgender and gender-nonconforming persons, not allies or professionals. An event for professionals will be held in 2020.



# Supporting LGBTQ medical and mental health needs

## Improving OUTcomes Conference for LGBTQ+ Health

[Registration Opens August 9](#)

This event brings together health care and allied service providers to learn and share ideas around providing culturally competent care to LGBTQ communities, with a focus on the Greater Sacramento area.

Contact the LGBTQ TA



**Center:**

<http://lgbtq-ta-center.org/contact-us/>  
1-877-568-4227

*The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.*