

LGBTQ TA CENTER

Newsletter

Fall 2017 Newsletter

Dear grantees,

Welcome! We would like to thank all of the LGBTQ grantees who have devoted time and effort to complete the ramp-up phase of the CRDP initiative. Congratulations on making it through the capacity assessments, TA plans, Community Defined Evidence Program (CDEP) refinements, evaluation plans, more evaluation plans, and IRB approvals, all while you were building capacity to implement your CDEPs and evaluation plans. We are excited to support you in the next phase of your critical work to support LGBTQ mental health in your communities.

This newsletter provides several resources to help you deepen your engagement with marginalized LGBTQ populations, including immigrant, incarcerated, and transgender communities. We have also compiled resources related to mental illness and healthcare awareness events in fall, and ways to obtain mental health services for yourself and your family. For more Equity News, Funding Opportunities, and Searchable Resources, visit the [LGBTQ TA Center](#) website, where new items are posted on an ongoing basis.

Upcoming TTA Opportunities

Sexual Orientation and Gender Identity (SOGI) Core Measures Webinar

Friday, October 13

1-2 p.m. PT

Register: <https://emt.ilinc.com/register/zvpbxhb>

Call: 1-888-394-8197

Passcode: 379566#

Ken Einhaus will facilitate this webinar.

LGBTQ TA Center Community of Practice

Tuesday, October 17

This all-day event will support participants attending the meeting in Sacramento. Daniel Toleran will facilitate in a conference room in the Office of Health Equity.

This month, we are highlighting resources related to the new mental health stressors that have emerged since January 2017, including the transgender military service ban and threats of deportation for immigrants. We have also included new resources related to the continuing injustices experienced by LGBTQ people who are criminal justice-involved, especially transgender and gender-nonconforming prisoners.

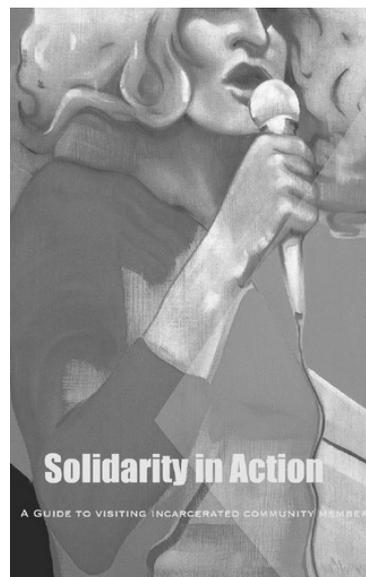
For more resources, please visit <http://lgbtq-ta-center.org/resource>.

Resource - Immigration Equality

Immigration Equality is a leading LGBTQ immigrant rights organization. They provide legal services and engage in policy advocacy for people worldwide fleeing from persecution due to sexual orientation, gender identity, or HIV status. Resources on their website include an Asylum Manual and legal information on an array of relevant immigration topics, including DACA.

Resources - Guides for Trans, Gender Non-Conforming, and Intersex (TGNCI) Incarcerated Individuals and Prison Visitors

The Sylvia Rivera Law Project developed these resources to support its efforts to guarantee that all people are free to self-determine their gender identity and expression. [Self-Care on the Inside: Tips & Activities to Take Care of Yourself](#) is a first-of-its-kind resource to help TGNCI incarcerated people survive violence, isolation, and mental health needs while incarcerated. [Solidarity in Action: A Guide to Visiting Incarcerated Community Members](#) focuses on making prison visits more accessible for all, but especially TGNCI people, immigrants, people living with disabilities, and people on parole.



Announcement - Advocacy Organizations File Federal Lawsuit Against Ban on Military Service by Transgender Individuals

Lambda Legal and OutServe-SLDN are challenging the constitutionality of the recent ban on military service with a lawsuit filed on behalf of the Human Rights Campaign, Gender Justice League, and multiple servicemembers. The plaintiffs contend that the ban undermines constitutional guarantees of equal protection, due process, and free speech. The ban on transgender servicemembers was previously lifted in July 2016 in response to a government-commissioned RAND study that determined the cost of transition-related care is exceedingly small, there are no readiness implications to prevent transgender members from serving openly, and numerous foreign militaries successfully permit open service.



Mental Illness Awareness Week (MIAW) - October 1-7:

- [National Alliance on Mental Illness \(NAMI\)](#) - MIAW resources on the theme of "Into Mental Health: Inspired, Informed, Involved."
- [Mental Health America \(MHA\)](#) - MIAW social media posts and graphics on the theme of "What Mental Illness Feels Like." Resources direct users to MHA's [screening tools](#).

National Depression Screening Day - October 5:

- [HelpYourselfHelpOthers.org](#) - screening tools and social media resources from Screening for Mental Health and Speak Your Mind, including screening specifically for college students and military members and their families.

November 1 - December 15: Open Enrollment Resources

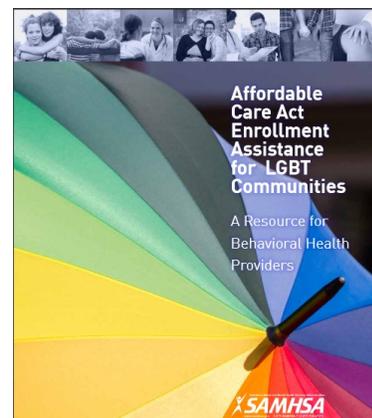
[Out2Enroll](#)

Out2Enroll is a national initiative to connect LGBT people and their families, friends, and allies with the new health insurance coverage options available under the Affordable Care Act. Website resources include enrollment support; information for assisters; and FAQs on topics such as transgender health, same-sex couples, and HIV/AIDS coverage. They also developed [campaigns](#) and [outreach materials](#) to drive LGBTQ participation in Open Enrollment.



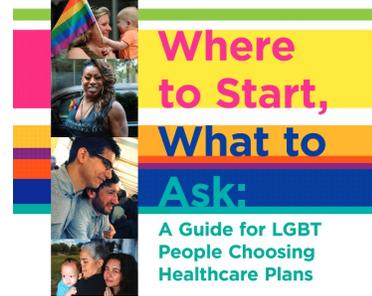
[Affordable Care Act \(ACA\) Enrollment Assistance for LGBT Communities: A Resource for Behavioral Health Providers](#)

SAMHSA developed this resource guide to assist health professionals in helping LGBTQ people understand health insurance options under ACA, especially for mental health and substance use services. It also includes a brief overview of behavioral health needs, enrollment barriers, and legal protections impacting LGBTQ communities.



**Where to Start, What to Ask: A Guide for LGBT People
Choosing Healthcare Plans**

This guide from Strong Families, a Forward Together initiative, is written to help LGBTQ individuals and families make informed decisions when choosing healthcare plans. Although some of the information may be out of date for 2018 enrollment, it provides useful guidance and questions consumers LGBTQ should consider.



**Contact the LGBTQ TA
Center:**

<http://lgbtq-ta-center.org/contact-us/>
1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.