

LGBTQ TA CENTER

Newsletter

Spring 2018 Newsletter

Dear LGBTQ IPP grantees,

We look forward to connecting with you this month at the Annual LGBTQ IPP Gathering. This event promises rich discussion of project successes, lessons learned, and your motivations and plans to drive the work forward in the coming year. See below for more upcoming resources and events.

This quarterly newsletter focuses on resources and tools for working with LGBTQ immigrants, particularly immigrants without citizenship. These communities experience unique stressors and increased risk for multiple kinds of violence that may impact their mental health. At the same time, peer networks, community building, and strengths-based approaches can function as critical supports.

Upcoming TTA Opportunities

Semiannual LGBTQ IPP Gathering **Wednesday, April 25**

We look forward to connecting with all of you at the April IPP gathering, which will be held at the San Francisco LGBT Community Center.

Quarterly CRDP Partners Conference Call **Thursday, April 26**

The purpose of the meeting is to provide mutual feedback in a collaborative, team building fashion and collaborate on activities to the extent possible. Technical Assistance Providers are responsible for organizing and facilitating these calls. The responsibility will be rotated for each call, and the **April call will be facilitated by the LGBTQ TA Center.**

Coming Soon!

Several TTA activities are currently in development for Spring 2018:

- Webinar: The Mental Health Prevention and Other Needs of People with Other

Abilities

- Brief on Sexual Orientation
- Brief on Gender Identity

Upcoming Event



Indigenous Knowledge Conference 2018: EQUITY!

April 20 | Oxnard College, Ventura County

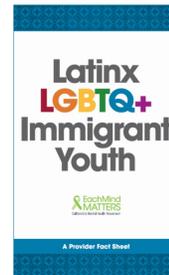
[Learn more and register](#)

This annual event is co-hosted by the Mixteco/Indigena Community Organizing Project (MICOP), an IPP under the Latino CRDP group. The event will focus on equity, and two speakers will speak to indigenous beliefs and perspectives on sexuality. Celebrated Zapotec writer, historian, and linguist Victor Cata, who lives in Oaxaca, will talk about sexual equity. Famed "Ambassador of Muxes in the Exterior" Maritza Sanchez will share her experiences as a Muxe (a third gender in the Zapotec community) from Oaxaca, living in California. Workshop topics include: food equity within Native communities, indigenous languages and language justice, higher education equity for indigenous students, and more.

Supporting LGBTQ Immigrants

[Provider Fact Sheet: Latinx LGBTQ+ Immigrant Youth](#)

This Each Mind Matters fact sheet was created as a resource for service providers, including nonprofit staff, community-based organizations, health care professionals, and other providers. It provides an introduction to the unique challenges faced by Latinx LGBTQ+ immigrant youth, relevant resources, and best practices. In English and Spanish.



[Immigration Equality](#)

Immigration Equality is a leading LGBTQ immigrant rights organization. They provide legal services and engage in policy advocacy for people worldwide fleeing persecution due to sexual orientation, gender identity, or HIV status. Resources on their website include an Asylum Manual; emergency national hotline; legal information; and powerful storytelling, such as through the [Free To Be Me](#) project.



Lesbian, Gay, Bisexual and Transgender (LGBT) Immigrant Rights

The Immigrant Legal Resource Center (ILRC) provides trainings, news, and resources to ensure that legal services address complex issues related to gender and sexual identity and that services are provided in a culturally competent manner.



For LGBTQ Immigrants, Finding Community Is a Means of Survival

This recent NBC News article discusses peer-to-peer support networks for LGBTQ immigrants in the U.S. Highlighting particular programs in New York, the article discusses challenges LGBTQ immigrants experience and local tactics to build community.



National Immigrant Justice Center: LGBTQ Immigrants

LGBTQ immigrants in the United States encounter unique obstacles to securing protection and safety, particularly when caught up in the immigration enforcement and detention systems. The National Immigrant Justice Center (NIJC) offers news and research, best-practice recommendations, and legal services in support of LGBTQ immigrants.



LGBTQ Immigrants: Why immigration reform is an LGBTQ issue

There are more than 260,000 LGBTQ undocumented immigrants in the U.S. The National LGBTQ Task Force is working to ensure that LGBTQ undocumented immigrants, who face additional barriers when attempting to access freedom, justice, and equality, have a fair chance at America's promise. This infographic provides data around some of these barriers to support the Task Force call to action.



More LGBTQ News and Resources

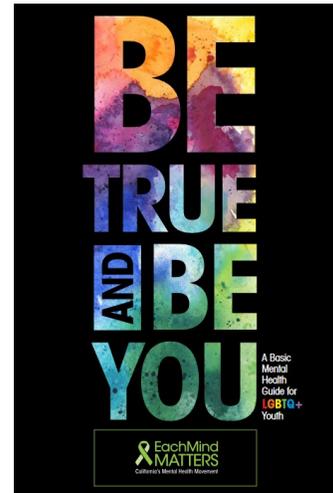
Visit the [LGBTQ TA Center website](#), where Equity News announcements and searchable Resources are added every month!

Resources from Each Mind Matters on LGBTQ+ Mental Health

Each Mind Matters, a CalMHSA-funded mental health movement, convened a workgroup of LGBTQ+ stakeholders to develop a series of resources for LGBTQ+ communities.

[Be True and Be You: A Basic Guide for LGBTQ+ Youth](#): Written to youth and young adults to provide an overview of sexual orientation, gender identity and expression, coming out, LGBTQ+ and mental health, self-care, mental health services, and rights.

[LGBT Mental Health and Aging Support Guide](#): Written to older adults, this guide addresses issues such as caregiving, mental health issues, discrimination, managing legal affairs, getting support, and rights.



Transgender and Gender Nonconforming Youth

[Demographic and Health Characteristics of Transgender Adults in California: Findings from 2015-2016 California Health Interview Survey](#)

This report provides the first look at demographics, health, and health care access among transgender adults in California who participated in the 2015-2016 California Health Interview Survey (CHIS). The outcomes reflect the systemic oppression and discrimination many transgender and gender nonconforming people experience. Compared to cisgender adults, transgender adults are more than three times more likely to have ever thought about suicide and nearly six times more likely to have ever attempted suicide.

[Study: 27% of California Adolescents are Gender Nonconforming](#)

A new study finds that 27 percent, or 796,000, of California's youth ages 12 to 17 report they are viewed by others as gender nonconforming at school. The study, released by the Williams Institute at UCLA School of Law and the UCLA Center for Health Policy Research, analyzed data collected from nearly 1,600 California households in the 2015-2016 California Health Interview Survey. It was found that gender nonconforming youth were more than twice as likely to have experienced psychological distress in the past year.



Contact the LGBTQ TA Center:

<http://lgbtq-ta-center.org/contact-us/>
1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.