From: LGBTQ Technical Assistance Center

Subject: LGBTQ TA Center - Equity Newsflash - March 2019

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#### March 2019

The **Equity Newsflash** is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.

## **New LGBTQ TA Center Resource**

# Learn planning tips for gender-affirming meeting spaces!

We've been taught in school that pronouns are binary (she or he) and singular vs. plural (she or they). Yet today, pronouns used in social and work settings may not subscribe to these rules. For example, many people who identify as gender non-binary (not distinctly male or female) use the pronouns "they/them/theirs" as individuals. Meeting planners have a responsibility to create welcoming and affirming meeting spaces.

**Creating Gender-Affirming Meeting Spaces: A Tip Sheet for Planners** provides standard guidelines and helpful tips for setting up inclusive meetings in professional and social settings.

The tip sheet focuses on *five key areas:* 

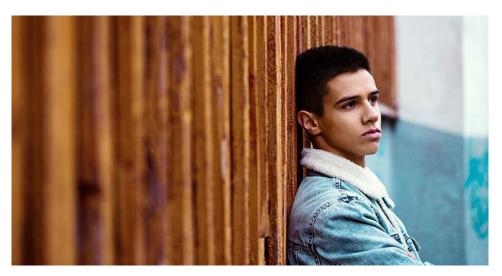
- Why pronouns are important
- Name tags
- Respectful introductions
- Breakout group norms
- Restroom labels

**Read the Tip Sheet** 



### **LGBTQ News and Resources**

# 1 in 4 preteens who complete suicide may be LGBTQ.



Using national data on 10,311 suicides, researchers found that youth 12 to 14 years old who identify as LGBT are much more likely to die by suicide than their heterosexual peers, a disparity that persists but becomes less pronounced by early adulthood.

#### **Read About the Study**

# How can we provide better health services to transgender persons?



Creating a Transgender Health Program at Your Health Center: From Planning to Implementation (September 2018) from the National LGBT Health Education Center offers a framework for building a health program that supports the "whole person" for transgender and gender-diverse patients.

**Read the Guide** 

## **Upcoming Events**

Let's celebrate Transgender Day of Visibility!



International Transgender Day of Visibility (TDOV), held annually on March 31, is dedicated to celebrating and recognizing the achievements of transgender people.

Looking to participate? Below are just a few of the great events planned in California:

- TDOV Brunch at Openhouse LGBTQ IPP San Francisco
- TDOV hosted by The Center for Sexuality & Gender Diversity LGBTQ IPP -Bakersfield
- TDOV Picnic hosted by Gender Health Center LGBTQ IPP Sacramento
- TDOV Gathering Humboldt Eureka
- Special Screening of HBO's The Trans List San Francisco
- TDOV: Transgender Asylum Seekers in the Bay Area San Francisco
- TDOV: TRANSparency Fresno
- TDOV Resource Fair Santa Cruz
- TDOV San Luis Obispo
- TDOV in the City of Los Angeles Los Angeles
- **TDOV Riverside** Riverside
- TDOV Santa Ana

## **Next month!**

## **2019 National Transgender Health Summit**

#### **Register**

The 2019 National Transgender Health Summit (NTHS) is a landmark program of the <u>Center of Excellence for Transgender Health</u> at the University of California San Francisco, held on **April 13-14** in Oakland, CA. A Mental Health Preconference session will be held on April 12.

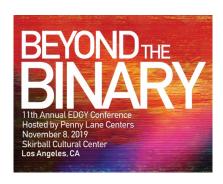


# Submit a proposal to create change for LGBTQ+ youth.

## Call for Proposals: 11th Annual EDGY Conference - "Beyond the Binary"

#### **Learn More**

Penny Lane Centers (Los Angeles, CA) presents EDGY, a one-day conference to build awareness and cultural competency, learn current and emerging best practices, as well as gather resources from leading experts and organizations to create a more supportive environment for LGBTQ+ youth and families. EDGY will be held on November 8 at Skirball Cultural Center in Los Angeles, CA.



Workshop proposals are accepted through May 1, 2019.

## Skill-building opportunity for health & human services.

### Save the Date: LGBTQ Health & Human Services Convening Learn More

The California LGBTQ Health and Human Services Network will host their convening on **May 28-29** in Sacramento, CA. Workshops during this event are intended to share skills regarding LGBTQ program development, policy engagement, and advocacy strategies. This two-day event will support LGBTQ Californians with network building, strengthening relationships with other LGBTQ leaders, and building skills they can bring back to their local communities.



Join Gender Spectrum to support transgender youth and their families.

## 2019 Gender Spectrum Conference & Symposium Register

Gender Spectrum's 2019 <u>Professionals'</u>

<u>Symposium</u> will be held **July 19** in Moraga, CA.

The Professionals' Symposium is designed for individuals who serve transgender, non-binary, and otherwise gender-expansive youth and/or



their families. The Symposium is followed by the <u>Gender Spectrum Conference</u> (July 20-21) for families with transgender, non-binary, and gender-expansive children and youth.



## Contact the LGBTQ TA Center:

http://lgbtq-ta-center.org/contactus/ 1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.

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