Summer 2019 Newsletter

This month, we are looking forward to our **upcoming training** on understanding and supporting the Two-Spirit community. We hope you will be able join us. Below, we've included a few resources on this topic.

September is **National Suicide Prevention Month**, with World Suicide Day on September 10 and National Suicide Prevention Week on September 8-14. Rejection, prejudice and discrimination, and social isolation contribute to higher risk of suicide for LGBTQ people than their heterosexual and cisgender peers. But we can change this by promoting family acceptance, connections to friends and loved ones, a sense of safety, and better access to culturally competent health care services. (1) See below for a few resources to raise awareness about and prevent suicide in the LGBTQ community.

Upcoming TA Center Training

Two-Spirit Then and Now: Reclaiming Our Place of Honor

Oakland, CA | August 28-29, 8:30-4:30

Register by August 15: https://tinyurl.com/two-spirit-august-training

Join the LGBTQ TA Center and the Native American TA Provider for an exciting collaborative training event! The purpose of the training is to offer insights into historical and current roles, and experiences of Two-Spirit (2S) individuals.

This training aims to familiarize participants about the Two-Spirit community: Who are they? How can the historical diversity of 2S around the time of contact inform respectful interactions with 2S today? What issues do 2S individuals face that make their population unique? What commonalities/differences do 2S individuals have with the greater Native or LGBTQ communities? Are there unique approaches to working with 2S individuals?

Register by COB August 15, 2019. Space is limited. Priority registration is given to IPP staffers and CRDP grantees and contractors.

ABOUT THE PRESENTER

From Northeast Alberta, Canada, Harlan Pruden is a proud member of the Cree Nation. Harlan co-founded the Northeast Two-Spirit Society (NE2SS), where he devotes much time and energy to revitalizing traditional cultural values, culture, and ceremonies for two-spirit urban Native Peoples. He also is a co-chair of the National Native HIV/AIDS Coalition, one of the first national efforts within the HIV/AIDS field to include all of the two-spirit organizations and groups in the United States.

MORE INFORMATION

This training is sponsored by:

Prevention Research Center
Pacific Institute for Research and Evaluation

LGBTQ TA CENTER

Relevant Resources

Webinar Recording - Mental and Behavioral Health Considerations for Native Transgender Individuals

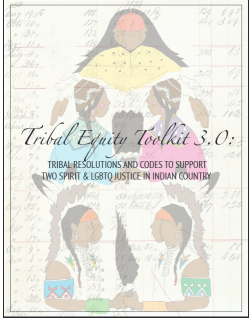
In this webinar from the National American Indian and Alaska Native Addiction Technology Transfer Center (AI/AN ATTC), the presenters discuss health disparities impacting AI/AN transgender people, barriers to treatment, and strategies for providing inclusive mental health treatment. Click the link above to watch the recording, or download the slides.

Website - We R Native: LGBT - Two-Spirit

We R Native is a health resource website for Native youth, by Native youth. Their LGBT - Two-Spirit page is a collection of articles, personal stories, and videos for and about Native youth who are (or want to learn more about being) LGBTQ or Two-Spirit.

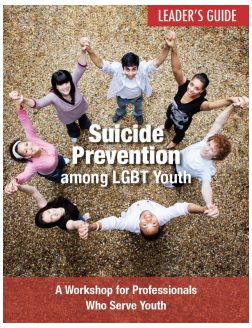
Publication - Tribal Equity Toolkit 3.0: Tribal Resolutions and Codes to Support Two Spirit and LGBTQ Justice in Indian Country

This toolkit provides sample language to facilitate the development of tribal laws that ensure that Two Spirit and LGBTQ people have the same opportunities as other community members.



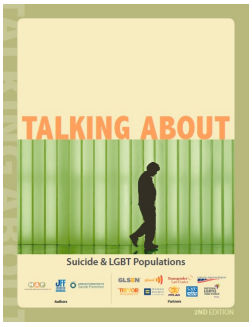
September 8-14 is National Suicide Prevention Week

Training Kit - Suicide Prevention Among LGBT Youth: A Workshop for Professionals Who Serve Youth



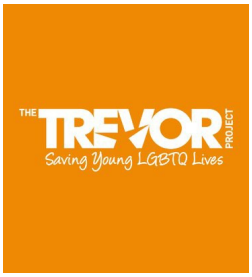
This free kit of materials from the Suicide Prevention Resource Center (SPRC) is designed to help staff in schools, youth-serving agencies, and suicide prevention programs provide a workshop on suicide prevention among LGBT youth. Materials in the kit include a PowerPoint slide presentation, leader's guide, and handouts. Instructional methods include lecture, small group exercises, and group discussion.

Tip Sheet - Talking About Suicide & LGBT Populations



This tip sheet provides facts about suicide and LGBTQ people, as well as ways to talk about suicide safely and accurately--and in ways that advance vital public discussions about preventing suicide among LGBTQ people and supporting their health and well-being.

Trainings - The Trevor Project



The Trevor Project is a leading national organization providing crisis intervention and suicide prevention services for LGBTQ people under age 25. The Trevor Project has a free online learning module on LGBTQ youth suicide prevention for educators, as well as trainings available for youth-serving professionals.

TrevorLifeline: 1-866-488-7386
TrevorText: Text START to 678678

Toolkit - Suicide Prevention Week 2019

Each Mind Matters: California's Mental Health Movement created the 2019 kit to help community organizations, schools, and individuals raise suicide awareness during Suicide Prevention Week. The theme of the kit this year is *Finding Purpose: Taking Care of Ourselves and Others*,

and it includes self-care resources as well as resources in multiple languages.

Find Your Chapter - American Foundation for Suicide Prevention (AFSP)

California has several AFSP chapters. Use this search tool to find the chapter for your region and get involved in local AFSP suicide prevention walks, Talk Saves Lives suicide prevention trainings, and more.

More Upcoming Events & New Resources

*Visit the **LGBTQ TA Center website**, where Equity News announcements and searchable Resources are added every month!*

Call for Proposals: Finding Freedom - LGBTQ Symposium

Proposals Due Aug. 30 | Event Jan. 24-25 | Palm Springs, CA
Learn More and Submit a Proposal

The Finding Freedom Symposium is about bringing forward relevant information for best practices in supporting the LGBTQ community with co-occurring disorders. This year's theme is "**LGBTQ Recovery, Health, Wellness, and Longevity.**" The conference is open to the community, treatment professionals, doctors, therapists, and anyone who is interested in the unique issues of LGBTQ co-occurring disorders treatment.

FINDING FREEDOM
JANUARY 24-25, 2020

Register: Improving OUTcomes - Aging with PRIDE

October 18-19 | Sacramento, CA
Registration opens August 16

The goal of this conference is to bring together health care and allied service providers throughout the Sacramento region to improve health outcomes for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ+) people and their families. They invite emerging leaders and established experts to a welcoming space to share innovative ideas, teach critical leadership skills, and form new networks with other agents of change.

Register: 11th Annual EDGY Conference - "Beyond the Binary"

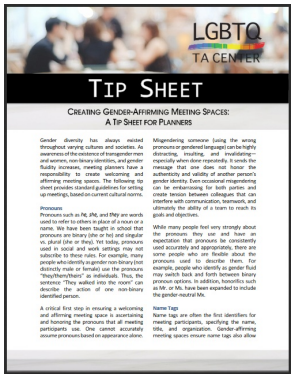
November 8 | Los Angeles, CA
Register

Penny Lane Centers presents EDGY, a one-day conference for youth-serving professionals (including clinicians) to build awareness and cultural competency, learn current and emerging best practices, and gather resources from leading experts and national organizations in the field.

Session topics include trans-attraction; trauma-informed care for trans and non-binary clients; black masculinity; care for the queer Latinx community; supporting LGBTQ clients with hearing loss and other disabilities; suicide prevention among trans and gender-expansive youth; and much more.

Did you miss it? Recent LGBTQ TA Center Resource

Creating Gender-Affirming Meeting Spaces: A Tip Sheet for Planners


LGBTQ TA CENTER

TIP SHEET

CREATING GENDER-AFFIRMING MEETING SPACES:
A TIP SHEET FOR PLANNERS

Meeting planners have a responsibility to create welcoming and affirming meeting spaces for all participants. This LGBTQ TA Center tip sheet provides ***standard guidelines and helpful tips*** for setting up inclusive meetings in professional and social settings. The tip sheet focuses on ***five key areas:***

- Why pronouns are important
- Name tags
- Respectful introductions
- Breakout group norms
- Restroom labels

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(1) Lesbian, Gay, Bisexual and/or Transgender People. Suicide Prevention Resource Center (SPRC). https://www.sprc.org/populations/lgbt

LGBTQ TA CENTER

Contact the LGBTQ TA Center:

http://lgbtq-ta-center.org/contact-us/
1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.