From: LGBTQ Technical Assistance Center

Subject: LGBTQ TA Center - Equity Newsflash - September 2019

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September 2019

The **Equity Newsflash** is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.

Hispanic Heritage Month Resources: September 15 - October 15



Latinx LGBTQ+ Immigrant Youth Provider Fact Sheet

This Each Mind Matters fact sheet (English and Spanish) provides an

introduction to the unique challenges faced by Latinx LGBTQ+ immigrant youth, relevant resources, and best practices in serving this population within a culturally responsive framework.



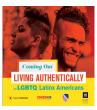
Supporting LGBTQ Latinx Students

GLSEN (Gay, Lesbian & Straight Education Network) assembled a page of resources and curricula to help LGBTQ Latinx students feel safe and supported, and to help educators, school staff, and peers affirm their identities and rights.



Coming Out: Living Authentically as LGBTQ Latinx Americans

For those who identify as LGBTQ and as Latinx Americans, the coming out process requires a unique approach that can cut across multiple languages, cultures, nationalities, religious identities and family generations. This resource from HRC Foundation is designed to aid LGBTQ Latinx Americans in navigating intersectional challenges.



Latinx LGBTQ Youth Report

This HRC resource presents data collected from 2,900 Latinx youth, shedding light on their challenges and triumphs encountered while navigating multiple, intersecting identities.



News

ICE accused of providing poor care to LGBTQ migrants and those with HIV

Human rights groups claim that ICE and Customs and Border Protection (CBP) detention facilities are failing to provide adequate health care for LGBTQ detainees and those who have HIV. Alleging that ICE and CBP intentionally withhold needed HIV testing and treatment, the groups have demanded they release all LGBTQ persons and people with HIV.

Learn More

Having a GSA lowers suicide risk for all students



A new study shows that students in schools with gay-straight alliances were less likely to be discriminated against, had lower risk of suicidal thoughts, and had fewer suicide attempts. This impacted all students, regardless of orientation: straight boys were half as likely to attempt suicide in schools with GSAs.

Learn More

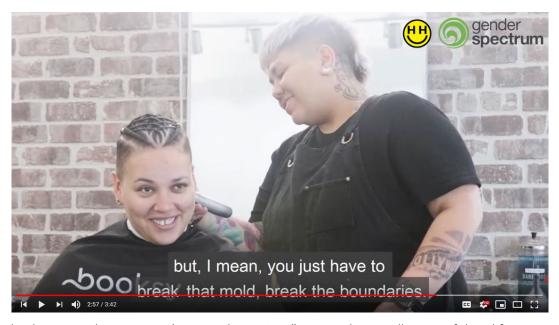
New study on gender and college mental health

A study of more than 65,000 students finds that three-quarters (78%) of gender minority students reported systems of depression, anxiety, eating disorders, or self-injury, compared to half of cisgender students. The authors suggest campus changes, such as gender-neutral bathrooms and allowing students to change their name in campus registries, that can help.

Learn More

Resources

Video from Gender Spectrum: *Navigating Barbershops & Salons*



Check out Gender Spectrum's new video series: "Hair can be a really powerful tool for gender expression, and for many of us our hair affirms our gender identity in really special ways. But barbershops and salons can be intimidating spaces and it can be a process to find

the haircut that truly makes you feel good! Our new video series helps you learn how to navigate barbershops by providing basic tools to help you create the best versions of yourself."

Watch

How child welfare systems can support LGBTQ youth and families

A new brief from the Center for the Study of Social Policy (CSSP) provides eight, research-based strategies that child welfare systems can use in LGBTQ-affirming practice.

Access

Upcoming Events

Supporting LGBTQ medical and mental health needs

Improving OUTcomes Conference for LGBTQ+ Health Sacramento, CA | October 18-19

This event brings together health care and allied service providers to learn and share ideas around providing culturally competent care to LGBTQ communities, with a focus on the Greater Sacramento area.

<u>Register</u>

Conference on supporting trans and non-binary youth and families

11th Annual EDGY Conference: Beyond the Binary

Los Angeles, CA | November 8

EDGY is a one-day conference for youth-serving professionals (including clinicians) to build awareness and cultural competency, learn current and emerging best practices, and gather resources from leading experts and national organizations in the field. Session **topics** include trans-attraction; black masculinity; care for the queer Latinx community; supporting LGBTQ clients with hearing loss and other disabilities; suicide prevention; and much more.

Register

Conference on supporting LGBTQ college students

2nd CCC + LGBTQ+ Summit

Riverside, CA | November 23

UC Riverside will host the 2nd California Community College LGBTQ+ Summit, a free, higher education conference to support and create resources for LGBTQ people at California Community Colleges.

Register

LGBTQ co-occurring disorders conference

Finding Freedom - LGBTQ Symposium

Palm Springs, CA | January 24-25

The Finding Freedom Symposium is about bringing forward relevant information for best practices in supporting the LGBTQ community with co-occurring disorders. This year's theme is "LGBTQ Recovery, Health, Wellness, and Longevity." The conference is open to the community, treatment professionals, doctors, therapists, and anyone who is interested in the unique issues of LGBTQ co-occurring disorders treatment.

Register



Contact the LGBTQ TA Center:

http://lgbtq-ta-center.org/contactus/ 1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.

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