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# LGBTQ TA CENTER EUITY ACUTE LONG EUITY ACUTE LONG EUITY ACUTE LONG EUITY ACUTE LONG EUITY ACUTE EUITY

**June 2020** 

The **Equity Newsflash** is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.

#### **Note From Our Team**

June 2020 marks the 50th anniversary of the first**Pride** parade, held on the one-year anniversary of the Stonewall riots. Transgender and gender nonconforming activists of color -- including Marsha P. Johnson, Stormé DeLarverie, Sylvia Rivera, and Miss Major Griffin-Gracy -- were central to both Stonewall and the broader LGBTQ protest movement.

This month we also celebrate **Juneteenth** (June 19), commemorating the end of slavery in the United States. In this historic moment, protests nationwide are calling attention to the <u>public health crisis</u> or <u>pandemic</u> of racism. There is also growing acknowledgement of the intersections between racism and transphobia, including the disproportionately high risk of fatal violence for <u>Black transgender women</u>.

Black mental health and LGBTQ mental health, like Black history and queer history, are deeply intertwined. This month, we wish to remember and honor the Black people killed by transphobic violence, including **Dominique "Rem'mie" Fells, Riah Milton, Tony McDade, Nina Pop,** and **Monika Diamond** in 2020.

As we work together to reduce health disparities in California, we hold as central that health disparities are intersectional and so, too, must be health equity.

- The LGBTQ TA Center Team

**News & Resources** 

**New resources for Black** 

### LGBTQ mental health

#### **Supporting Black LGBTQ Youth Mental Health**

This new resource from The Trevor Project (also available as a<u>PDF</u>) describing common feelings, self-care tips, and strategies for allies of Black and brown LGBTQ youth at this time.

#### 2019 Black & African American Youth Report

In 2018, HRC (Human Rights Campaign) completed a landmark survey of more than 12,000 LGBTQ youth. This report distills findings from the more than 1,600 Black respondents.

## <u>Understanding and Addressing the Social Determinants of Health for</u> Black People: A Way Forward for Health Centers

This 2019 publication from the LGBT Health Education Center focuses intersectionality as a way of viewing social determinants of health and guiding health care providers in how to work with clients who hold multiple marginalized identities.

## Supreme Court victory for LGBTQ workers

In a historic ruling, a 6-3 majority of Supreme Court justices held that Title VII of the Civil Rights Act makes it unlawful to fire employees on the basis of sexual orientation or gender identity. *Bostock v. Clayton County* is a landmark case that provides national employee protections where previously only patchwork state and local protections existed.

#### **Learn More**

# UN calls for ban on conversion therapy

A top UN expert has called for a global ban on conversion therapy, noting that it takes place in at least 68 countries and as many as all countries, and "can amount to torture, cruel, inhuman or degrading treatment." In a survey of 8,000 individuals completed as part of the report, nearly 98% reported suffering damage from conversion practices, including PTSD symptoms and suicidality.

## **Study: Nondiscrimination** policies reduce suicidality

New research published in JAMA Psychiatry finds as much as a 50% drop in suicidality among gender-minority individuals in states that adopted nondiscrimination requirements for private health insurance.

**Learn More** 

## Number of LGB youth doubles, but suicide risk remains high

A new study based on Youth Risk Behavioral Surveillance Survey data found that the proportion of lesbian, gay, bisexual, and unsure youth doubled between 2009 (7.3%) and 2017 (14.3%). Their suicide risk remained triple that of heterosexual youth.

**Learn More** 

#### **Upcoming Events**

## Virtual conferences, trainings, and Pride events

**Webinar: Tailoring Treatment for Gender and Sexually Diverse Latinx** Youth with Suicidal Behaviors

June 18 | 1:00-2:30 p.m. PT

Register

This National Hispanic and Latino Mental Health Technology Transfer Center (MHTTC) webinar will explore a culturally centered version of cognitive behavioral therapy (CBT) treatment protocol for suicidal behavior among LGBTQ Latinx youth.

2020 LGBT Health Workforce Conference

A Call to Action: LGBT Health Advocacy in 2020

June 25-27 | Virtual and in New York, NY

Register

This conference provides an overview of up-to-date practices to prepare the health care workforce to address the health concerns and disparities of LGBT communities. The intended audience is health professionals, educators, and students, but all are invited to attend.

Webinar: Unlearning Racism and Promoting Social Justice Among Therapists June 26-27 Register

This two-part workshop will help therapists become more introspective about the costs of racism by exploring new perspectives and learning insights about the psychology of race, prejudice, and racism. If you are unable to attend the live events, register to receive a recording link after the event.

#### SF Pride 2020 Online Celebration June 27-28 | Virtual Learn More

The Online Celebration will feature live and pre-recorded performances; speeches from thought leaders; greetings from LGBTQ celebrities and officials; drag performances; and more.

#### GlobalPride 2020 June 27 | Virtual Learn More

With the cancellation of many Pride events, InterPride and the European Pride Organisers Association are collaborating with Pride organizers around the world to plan a 24-hour, live-streamed virtual event.

Webinar: Opioid Use in the LGBTQ+ Community June 30 | 12:30 p.m. PT Register

This Northeast and Caribbean MHTTC webinar will highlight the impact of opioid use disorder on sexual and gender diverse populations, best practices and trauma-informed practices related to opioid use, and strategies for behavioral health integration into primary care.

## Gender Spectrum Professionals' Symposium July 16-17 | Virtual Register

Although Gender Spectrum has had to cancel their Conference for youth and families this year, the Gender Spectrum Professionals' Symposium will still take place! The Professionals' Symposium is designed for individuals who serve youth and/or families and are looking for knowledge and skills to be more gender inclusive in their practice.



## Contact the LGBTQ TA Center:

http://lgbtq-ta-center.org/contact-us/ 1-877-568-4227

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