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# LGBTQ TA CENTER

# Equity News

August 2020

*The **Equity Newsflash** is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.*

## Spotlight on Disaster Planning

# LGBTQ-inclusive disaster planning tools

*As the 2020 California fire season intensifies, we offer these resources to assist you, your partners, and your community with inclusive disaster response and planning.*

### RESOURCES FOR PROVIDERS & PLANNERS

#### **[Emergency Preparedness and Lesbian, Gay, Bisexual & Transgender \(LGBT\) People: What Health Centers Need to Know](#)**

This tip sheet from the LGBT Health Education Center describes some of the specific challenges that LGBTQ people may face during an emergency and offers tips for health centers to address these challenges when developing emergency preparedness plans.

#### **[Working with the Lesbian, Gay, Bisexual, and Transgender People: A Cultural Competence Guide for Emergency Responders and Volunteers](#)**

This Human Rights Campaign (HRC) guide will be most useful as emergency response directors create training programs in advance of disasters. A one page cultural competence guide is included for Just-in-Time training after a disaster has occurred.

#### **[How to Include the LGBT Community in Disaster Preparedness](#)**

This interview features Preparedness Summit presenter Leighton Jones on the topic of the special issues facing LGBTQ individuals and families living in temporary shelters.

## Meeting the Needs of Transgender People in Disaster Situations

This 2-page tip sheet explains how disaster aid workers can ensure that everyone impacted by an emergency evacuation is afforded safety and care without fear of discrimination..

### **FOR TRANSGENDER AND GENDER NONCONFORMING PEOPLE: DISASTER PREPAREDNESS CHECKLIST**

In addition to standard items, you may want your emergency kit to include:

- Copies of prescriptions
- Syringes, alcohol swabs, etc. for injectable medications
- Other medical devices or supplies (e.g., dilators)
- Binding or packing equipment
- Razors, cosmetics
- Copies of court orders for name and/or gender change
- Copies of legal documentation for family relationships (e.g., marriage certificate, adoption degree, birth certificate)
- Identification, including passport
- Letter from therapist or doctor (if identification doesn't match gender)
- Thumb drive containing copies of documents

If you are experiencing discrimination from emergency services or shelters, helpful contacts include:

- [Lambda Legal Help Desk](#)  
Western Regional Office: (213) 382-7600
- [National Center for Transgender Equality](#)  
(202) 642-4542
- [FEMA Helpline](#)  
1-800-621-3362 (FEMA)  
TTY: 1-800-462-7585

Sources: [LGBTQ Disaster Preparedness: What to Remember](#) and [Emergency Weather Preparedness: Info for Trans People](#)

## News & Resources

**Supporting neurodiverse  
youth**



A new publication from the National LGBTQIA+ Health Education Center, *Neurodiversity and Gender-Diverse Youth: An Affirming Approach to Care 2020*, provides recommendations based on research and clinical experiences with gender-diverse, neurodiverse youth.

[Learn More](#)

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## Study on food insecurity in LA and Kern County

A new Williams Institute study analyzes information gathered from interviews with 93 low-income LGBTQ people living in Los Angeles and Kern County to examine food insecurity experiences among a diverse population of sexual and gender minorities in California.

[Learn More](#)

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## Watch: LGBTQ youth against anti-Black racism

A recent session in HRC's [Project THRIVE](#) webinar series explores how mental health providers can support LGBTQ+ young people of color identify and externalize the impacts of racism. Presenters invite providers to reflect on how recent events offer a different lens for examining their own internalized racism and anti-LGBTQ bias.

[Watch](#)

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## LGBTQ caregivers experience greater challenges

The National Alliance for Caregiving and AARP recently released their 2020 report on caregiving in the U.S. They find that [LGBTQ Caregivers](#) are more often in a high intensity caregiving situation, more often report high levels of financial strain, and more often report being in fair or poor health, compared to non-LGBTQ caregivers.

[Learn More](#)

### Upcoming Events

## Virtual conferences and trainings

### **MHA Annual Conference: COVID-19, Mental Health, and the Need for Equity**

**September 3-4 | Virtual**

[Register](#)

Each year, the Mental Health America (MHA) Annual Conference brings together MHA affiliates, community stakeholders, peers, caregivers, providers, government officials, media and more from across the country to discuss important and emerging mental health issues. The free 2020 MHA Conference will discuss all aspects of the "new normal," from increased anxiety to workplace accommodations to systemic racism and more.

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### **38th Annual GLMA Conference on LGBTQ Health**

**September 23-26 | Virtual**

[Register](#)

This event is open to healthcare providers of all disciplines, researchers, health administrators, advocates, and all LGBTQ health supporters. The 2020 conference theme, Developing LGBTQ Health Leadership, will focus on strategies to strengthen the ability of leaders to improve outcomes in LGBTQ healthcare, health education, and policy making.

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## 2020 NAMI CA Annual Conference: "Driving the Change"

October 12-13

[Register](#)

This year, NAMI CA's Annual Conference is a virtual event with complimentary registration. The conference features numerous sessions and five tracks: Advocacy, Consumer & Families, Criminal Justice, Early Intervention/Prevention, and Engaging Diverse Communities. **Key session: the CRDP Latino TA provider and evaluator will present on community-defined effective practices from the Latino IPPs.**

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## 2020 Transforming Care Virtual Conference on LGBTQ+ & HIV Health Equity

October 14-16

[Register](#)

This virtual event will feature over 30 presentations, including live plenary speakers and breakout sessions that address the gaps in health and social service provision for LGBTQ+ people, non-binary people, LGBTQ+ people living with disability or mental illness, queer people of color, and Black and Latina cis women. CEUs available.

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## The New Normal: LGBTQ+ Youth Living Through COVID-19

October 15-16 | Virtual

[Register](#)

This two day-virtual symposium will address the state of LGBTQ+ youth in the child welfare system and how their experiences have changed in light of COVID-19. This symposium will gather medical professionals, child welfare workers, prevention workers, mentors, and executives from a variety of disciplines.

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## 2020 Advancing Excellence in Transgender Health Conference

October 17-19 | Virtual

[Register](#)

The Fenway Institute's conference is designed to train the whole health care team in providing responsive and confident gender-affirming health care. The conference is appropriate for all members of health care teams, including behavioral health care providers and other staff. A half-day pre-conference October 16 is also offered for those who would like a review of the basics.

**Contact the LGBTQ TA  
Center:**



<http://lgbtq-ta-center.org/contact-us/>  
1-877-568-4227

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