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LGBTQ TA CENTER Newsletter

Fall 2020



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October is National Domestic Violence Awareness Month. Although domestic violence awareness often focuses on straight cisgender couples, LGBTQ people experience [similar rates](#) of intimate partner violence (IPV). And some groups, including bisexual and transgender people, have significantly higher rates. [COVID-19 might also be putting LGBTQ people at greater risk for IPV.](#)

This newsletter focuses on resources and events to help you better recognize, aid, and support LGBTQ survivors of IPV.

Visit the LGBTQ TA Center
Website

Intimate Partner Violence (IPV)

[Event - Shifting the Lens 2020: Survivors and Families Coming into Focus](#)

November 2-5

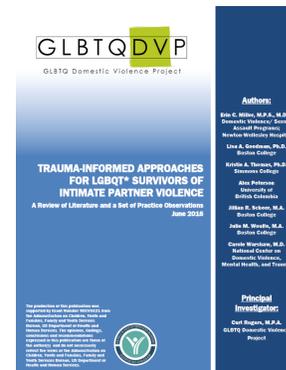
Join the [California Partnership to End Domestic Violence \(CPEDV\)](#) for a virtual conference that recognizes domestic violence as one of many interconnected forms of systemic oppression, and works together across multiple systems and social justice movements. For the keynote panel, join an authentic conversation between three Black queer experts in DV prevention and intervention as they paint a vision of an anti-violence movement that fundamentally centers Black LGBTQIA+ people and discuss what's needed to achieve it.



[Trauma-Informed Approaches for LGBT* Survivors of Intimate Partner Violence](#)

This guide is intended to support an LGBTQ-specific, trauma-informed approach to working with survivors of intimate partner violence (IPV). It includes:

- A review of the literature on LGBTQ communities and IPV, trauma, help-seeking, and trauma-informed practice
- An appendix of existing trauma-informed approaches
- A set of **practice observations and recommended approaches**



[From a Spiral of Violence to a Whirlwind of Healing: Strengthening Advocacy for API LGBTQ Survivors](#)

Last month, APIGBV (Asian-Pacific Institute on Gender-Based Violence) hosted this webinar offering a framework for understanding Asian and Pacific Islander LGBTQ experiences of gender-based violence, and the multiple barriers that these survivors face when seeking support. Integrating highlights from the Institute's [September 2019 Roundtable on API LGBTQ communities](#), this presentation provides ideas and recommendations for organizations to engage and serve API LGBTQ survivors more effectively.

From a Spiral of Violence to a Whirlwind of Healing

Strengthening Advocacy for API LGBTQ Survivors of Gender-Based Violence



[Treating Lesbian, Gay, Bisexual, Transgender, and Queer IPV Survivors](#)

This guide from the American Psychiatric Association is written for a clinician audience, but includes useful information for community-based organization staff and advocates as well. It discusses risk factors, screening and assessment, and best practices for supporting individuals who are experiencing or have experienced IPV.



Tools from FORGE, a National Transgender Anti-Violence Organization

[FORGE](#) has many resources and archived webinars related to supporting people who are transgender or gender nonconforming and survivors of intimate partner violence or sexual violence. Examples:



[A Guide for Facilitators of Transgender Community Groups: Supporting Sexual Violence Survivors](#) is designed to help group facilitators recognize and appropriately address the types of behaviors and concerns trans and non-binary survivors may bring to support groups.

[Safety Planning: A Guide for Transgender and Gender Non-Conforming Individuals Who Are Experiencing Intimate Partner Violence](#)

This safety planning tool can be used as a guide for trans people, friends/peers, and professionals helping a transgender person living in an abusive relationship or planning to leave one.

[A Service Provider's Guide for Working with GBT Victims and Survivors of Domestic Abuse](#)

This brief resource offers tools that service providers can use to help men who may be experiencing partner abuse, including signs and symptoms of abuse, assessment questions, and support strategies.

Virtual Events

Serving LGBTQ Adolescents

National Council for Behavioral Health

October 23 | 11:30 a.m. PT

Though recently there has been a lot of dialogue regarding systemic oppression and other traumas based on culture and race, LGBTQIA2+ youth are oftentimes overlooked or excluded from the discussion. Join the upcoming National Council webinar to learn more about the LGBTQIA2+ youth population, cultural implications, and programmatic considerations.

[Click to register for the National Council webinar](#)

Improving OUTcomes 2020 Conference

October 28, November 18, December 3

Join the UC Davis Health Office for Health Equity, Diversity, and Inclusion for its free 2020 virtual conference series, delivered over three dates. Each session is followed by an optional 1-hour discussion.

October 28, 3:30-5:00 p.m. PT

Cultural Humility: Overcoming Our Stereotype Threat to Serve and Stand With LGBTQ+

Patients, Students, Community Members, and Colleagues

November 18, 3:30-5:00 p.m. PT

Homelessness in the LGBTQ+ Community: Discussing Promising Practices and Programs

December 3, 3:30-5:00 p.m. PT

Transgender Patient Care Experiences

[Click to register for Improving OUTcomes](#)

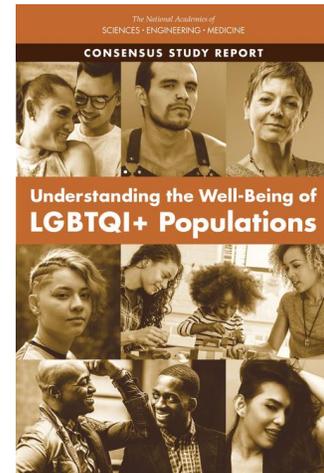
More News & Resources

New from the National Academies: Understanding the Well-Being of LGBTQI+ Populations

A new report from the National Academies of Sciences, Engineering, and Medicine, *Understanding the Well-Being of LGBTQI+ Populations*, focuses on research findings and future recommendations for eight domains of well-being for LGBTQ people; the effects of various laws and policies on LGBTQ populations; physical and mental health; health care access and gender-affirming interventions; and more.

[Click to download the new report for free](#)

Watch a recording of the National Academies' recent webinar summarizing findings from the report! [Watch now](#)



New from the Trevor Project: All Black Lives Matter

In a new report, the Trevor Project explores data from over 2,500 Black LGBTQ youth through an intersectional lens. The report describes mental health risk factors as well as protective factors related to the multiple identities and cultures with which these youth identify.

[Click to read the report](#)

More LGB, Transgender, and Gender Nonconforming Californians Are in Serious Psychological Distress

A new policy brief from the UCLA Center for Health Policy Research examines data showing a rise in serious psychological distress (SPD) among Californians from 2014-2018. Findings from 2018 include:

- Transgender and gender nonconforming Californians were almost 5x as likely to experience SPD compared to cisgender Californians (49.7% vs. 10.8%)
- Lesbian, gay, and bisexual adults were 3x as likely to experience SPD than heterosexual adults (31.0% vs. 9.4%)

The report includes a set of policy recommendations to address social determinants of health impacting the mental health of LGBTQ people as well as other key groups in California.

[Click to read the report](#)



Contact Our Team:

[http://lgbtq-ta-center.org/
contact-us](http://lgbtq-ta-center.org/contact-us)

1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.