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# LGBTQ TA CENTER EQUILIBRIES EQUILIBRIES

#### March 2022

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The Equity Newsflash is a monthly announcement featuring news and upcoming events related to supporting the health and wellness of diverse LGBTQ Californians.

Visit the LGBTQ TA Center Website

Celebrating all women and girls



March is Women's History Month--inclusive of all women and girls, not just cisgender women. The Biden Administration's "Proclamation on Women's History Month, 2022" lifts up the contributions of LGBTQI+ women:

Standing on the shoulders of the heroines who came before them, today's women and girls continue to carry forward the mission of ensuring our daughters have the same opportunities as our sons. [...] LGBTQI+ women and girls are leading the fight for justice, opportunity, and equality — especially for the transgender community. Women and girls continue to lead groundbreaking civil rights movements for social justice and freedom, so that everyone can realize the full promise of America.

This newsletter highlights several resources related to **gender-affirming care**, which is evidence-based healthcare that supports trans youth, including trans girls.

This issue is especially critical in this historical moment, when gender-affirming care is under attack in many states. A new report finds that <u>58,000 transgender youth are at risk of losing gender-affirming care</u> if currently proposed state bills pass.

5 big and small ways to recognize and support trans women and girls

- 1. Advocate for gender-affirming care--check out the resources in this newsletter to learn more.
- 2. Celebrate trans women and girls on March 31, Trans Day of Visibility.
- 3. Keep learning about how to **support the mental health** of transgender and nonbinary people. Here is **one great collection of learning resources** (from Trans Health Consulting).
- Read about 12 LGBTQ+ women making history (from GLAD: GLBTQ Legal Advocates & Defenders).
- 5. Hear the stories of trans women over 50, most of them BIPOC (from SAGE).

## Gender-affirming care is not child abuse

In a new Position Statement, the American Professional Society on the Abuse of Children (APSAC) strongly "declares its support for transgender youth and rejects any characterization of gender-affirming care as 'child abuse' or criminal activity." APSAC argues that this claim is part of a political movement to try to ban gender-affirming care through state legislatures, and that it is contrary to research showing that gender-affirming helps--not harms-transgender youth.

**Read the Position Statement** 

# New resource on gender-affirming care

The National Child Traumatic Stress Network (NCTSN) recently released a new fact sheet for providers who work with transgender, gender diverse, and intersex (TGI) youth. It describes what gender-affirming care is, different approaches for supporting TGI youth and their families, and additional tools and resources.

**Read the NCTSN Resource** 

# Lots of great events coming soon!

## LGBTQI+ Migrants: The Intersection of Race and Sexual Orientation and Gender Identity (SOGI)

Monday, April 4, 12:15-1:15 p.m. PT

LGBTQ+ people face persecution that cause many to leave their country of origin and seek refuge in another. At the time same time, scant data exists about the unique needs and lived experiences of LGBTQ+ migrants. This UCLA Williams Institute webinar will explore key policy and political challenges facing LGBTQ+ migrants, barriers to safe resettlement, and what research and data are needed.

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#### **Indigenous LGBTQ+ People: Disparities and Data Justice**

Tuesday, April 5, 12-1 p.m. PT

American Indian peoples who are also LGBTQ, Two Spirit, or identified with a sexual and gender minority group are often invisible in conversations about data and LGBTQ disparities. This UCLA Williams Institute panel will include a review of a report on the role of LGBTQ status in the health and economic wellbeing of American Indian/Alaska Native peoples, and the implications of these data across tribal and U.S. law and policy.

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## Branches of the Same Vine: LGBTQ Rights, Reproductive Rights, and Critical Race Theory

Wednesday, April 6, 12-1 p.m. PT

For the past several years, legislative initiatives limiting LGBTQ and reproductive rights and the teaching of Critical Race Theory have proliferated. This panel will explore the connections between these three campaigns. How do they overlap? Who are the primary organizations and funders backing these campaigns? UCLA Williams Institute panelists will explore these issues and how research provide responses to their core arguments.

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#### 2nd Annual Queering Mental Health 2022

#### April 11 and 12 - Virtual

The Queering Mental Health Conference is a virtual event from Our Landing Place, a collective of Canadian counselors. Although it is a Canadian-based events, it takes an intersectional focus and addresses many topics that may be of interest to American practitioners working with LGBTQ communities (e.g., ableism, mindfulness, neuroatypicality, gueer perinatal mental health, eating disorders, and much else).

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## Addressing the Intersectional Behavioral Health Needs of Racially/Ethnically Diverse LGBTQ+ Communities

Wednesday, April 13, 10:00-11:30 a.m. PT

Understanding intersectionality — the combined and overlapping aspects of a person's

identity — is key to providing culturally responsive and trauma-informed care. In recognition of National Minority Health Month (April), join this NNED (National Network to Eliminate Disparities in Behavioral Health) Virtual Roundtable to learn how organizations are responding to the complex behavioral health needs of racially/ethnically diverse LGBTQ+ communities. Panelists will discuss the impacts of trauma and adverse mental health conditions associated with intersectional identities, and how to build affirming practices and environments.

This event is hosted by the NNED Facilitation Center, which is led by Change Matrix, an LGBTQ TA Center partner organization



#### **Contact Our Team:**

http://lgbtq-ta-center.org/contact-us

1-877-568-4227

The California Reducing Disparities Project's LGBTQ TA Center is funded and directed by the California Department of Public Health, Office of Health Equity, and administered by the Center for Applied Research Solutions.